

DR. SARA'S TOP TIPS

AN AUTISM SPECTRUM GUIDE TO THE CONFUSING WORLD OF IDIOMS, METAPHORS AND EVERYDAY EXPRESSIONS

- SUPPORTING LITERAL THINKERS TO UNDERSTAND EXPRESSIONS -

I need this if:

My child has difficulty understand everyday expressions, idioms, and metaphors, such as "It's raining cats and dogs".

This can help if:

My child is Neurodiverse (Autistic), particularly if they are very literal, they have a pragmatic language difficulty (check your child's speech and language report for this terminology) and they are aged 7 or older

Why is this useful:

It can help Neurodiverse individuals to understand common expressions in English that are otherwise confusing.

Suggestion for how to use this:

The adult/ carer can go to the index for all expressions that are covered in the book. You can introduce the book to children as and when the expressions are used or choose some expressions that you use a lot in your home and support the young person with the image and explanation in context (see examples below).

HOW TO ACCESS THIS RESOURCE:

You can purchase the book 'It's raining cats and dogs' written and illustrated by Michael Barton for €13.50 at:

https://www.dubraybooks.ie/Its-Raining-Cats-and-Dogs-An-Autism-Spectrum-Guide-to-the-Confusing-World-of-Idioms-Metaphors-and-Everyday-Expressions_9781839972911

