

## DR. SARA'S TOP TIPS

# - TALKING TO YOUR CHILD ABOUT PRIVATE PARTS -

WITH A CARTOON SONG INCLUDED

### *I need this if:*

I want to talk to my child about private parts or introduce this topic as part of a larger conversation about consent.

### *This can help if:*

They have autism and they are 4 to 7 years old

### *Why is this useful:*

It gives parents a way to bring up this conversation with their children. The accompanying video linked below is also very child-friendly.

### *Suggestion for how to use this:*

Read the handout on the right and discuss its content with your child. Show them the 'Pantosaurus' song and discuss the same points.

## HOW TO ACCESS THIS RESOURCE:

The information on the right has been adapted from the NSPCC's guidelines for talking about private parts with children who have autism. The number included on the document is for the ISPPCC's Childline service.

There is also a child-friendly 'Pantosaurus' song on YouTube to support your child's understanding:

<https://www.youtube.com/watch?v=-lL07JOGU5o>

