

DR. SARA'S TOP TIPS

-WHY DOES MY CHILD FIND BIRTHDAY PARTIES DIFFICULT? -

VIDEO TO SUPPORT PARENTS AND TEACHERS

I need this if:

My child becomes overwhelmed by loud noises or in any social situations, like parties, summer camps, etc.

This can help if:

My child or student is Neurodiverse (Autistic) or if they have a sensory processing difficulty & they are aged 4 years or over

Why is this useful:

It helps neurotypical (non-Autistic) people to understand how overwhelming loud social situations can be.

Suggestion for how to use this:

Parents, teachers, and teenagers on the spectrum can watch this video which places you inside the mind of a neurodiverse individual. You can use the navigation tool in the corner of the video to gain a 360 degree view of the party from the neurodiverse individual's perspective.

HOW TO ACCESS THIS RESOURCE:

The video, produced by the Guardian, can be accessed here:

<https://www.youtube.com/watch?v=OtwOz1GVkDg>

